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Must Remain in
Transcription Room

M2604

Barn Lunch

Sunday August 24, 1975

SUNDAY LUNCH

MR. NYLAND: I wouldn't dare to start talking without Bob turning the machinery on. Think of it: if all those wonderful words would be lost for posterity...

Every once in a while I think about that, what is going to happen? I would almost say it's none of my business because I won't be here. Still, I will be in contact. And it is a question of a foundation of building something that can perhaps exist, I hope, a little longer. How do you see such movements like this, what we are engaged in ? Do you see it from a standpoint of an overall change of civilization? Do you think that thoughts of these kinds, including objectivity, including fight against selfishness, including the establishment of an objective morality - do you think that they have an influence, or could have an influence on conditions in general? And do you think that these kind of interests, which of course exist in a variety of different ways in a--the spiritual sense, and not necessarily limited of course to just the exactness of Gurdjieff, but in a general way the building up of something that is of a different kind of life. And do you see the possibility that perhaps there is something that is taking place at the present time on this Earth? And all the calamities and the different things that do happen, and the misunderstandings, and the killings - is it really for something that has to be, let's say, this being a gestation process to produce something in the year 2000? Of course we have all kind of theories about

it, what is going to happen. Nobody really knows how it is going to happen, hoping for something that ultimately will happen.

You remember Gurdjieff mentioned somewhere: if two hundred people could get together, who would really understand what is involved in the evolution of mankind, they would be able to save mankind from destruction. And there are many theories, and very serious--serious ones, who do believe that we are really with increased population, not enough production, money system out of joint, constancy of not being able to do what one wishes to do because of definite rules which have been made by minorities. All of that, that we are on the wrong road and that we are going to be destroyed.

It's not a very nice subject to talk about, but I do believe it is necessary to see this kind of attempt of wanting to wake up in the perspective of what might even be a possibility of something existing as a little nucleus which, in time, perhaps can be useful. So that the accent is also - to use that big word - partly a little cosmological, although in principle it has to do with one's own development and one's own world, and the way we have to become as human beings more understanding, and becoming really a harmonious kind of a person.

I think about these ideas every once in a while, particularly when you say death doesn't mean anything. It is just a continuation, although in a different kind of a form. And to realize that for oneself, you say, if that is the case, why should I then now Work? Because if it's going to come, if it is bound to come without me doing anything about it, then why don't I wait until I know a little bit more, at the time when I'm more free? Of course it is an illogical statement because the amount of freedom that you will experience at your death is dependent on how much you are now trying to become free. And you will reach a certain level which is dependent on the mixture of your unconsciousness with your

conscience, and your consciousness giving ideas about how to proceed. You will reach a certain level, a certain height away from this Earth. How much I don't know, but it is possible to reach higher; that is, to reach to a different height away from this Earth with more freedom. And then to enable--be enabled at that point to continue on a different kind of a level than otherwise you would reach by being a little bit more unconscious.

So, one must continue with Working, and one must continue with a concept of activity, of that what exists in the world as a whole, and of course of which this Earth is just a little part, a very small segment. Look at that Milky Way, see if you can understand what is meant. Of course you can't.

What we talked about last night, I would like to emphasize one particular thing. When the thought of Work, or a feeling of Work happens to come to you, that is the point where you must Work because of excess energy. It is a starting point of a momentum, but it is an initiation to that process of being in that process of wanting to Work. There are examples of that kind that illustrate a little bit what I really mean. Whenever a reaction takes place and certain substances are put together, which have affinity for each other so that the reaction can actually yield a result--a result and sometimes even synthesize a new product, there are different conditions in which these different ingredients are put together. And of course chemically we know that there are different kind of solutions, different presence of catalyzers, different things that can be helpful for the reaction to take place, and to take place immediately and be shortened. All such conditions of temperature and pressure, whatever it may be, have--have their particular influence. There is one item that one, many times, overlooks. We call it the status nascendi. It means a state of being born. It means that at the time of birth and the appearance of a man on Earth, he comes into this world

with a tremendous amount of energy, almost as if he is forced to put on a form. And the rebellion is noticed in his cry entering this world.

In the chemical sense, the conditions that can be made is a creation of a certain reaction which takes place at the beginning of a larger reaction. It is a starting point that starts it off; just like an explosion, it starts something else going, or like firing a gun, or like lighting a match. All these things are little steps. The first step is this state in which that what takes place, takes place already in a surrounding where the further reaction should occur. And therefore, the state of status ascendi--nascendi, that state of being born at that time, creating the impetus immediately to put it on a certain higher level and the utilization of that extra energy, but this time directed in the--which way one wants to have a reaction take place. There are many examples of that kind that do exist: the creation, let's say, of an acid surrounding in a reaction where it is necessary by the making of hydrochloric acid in the solution itself. We call that simply utilizing the amount of energy which is concentrated in the form where it is loosened up and released immediately not losing any time in the utilization of it, not allowing it to dissipate a little bit. As it were, it is the creation of simultaneity in a reaction which has to be preceded by the creation of a condition. And when that is created, the rest of the reaction becomes easy.

To link it up with simultaneity, if you understand the influence of a moment or the concept or be subject to that moment existing in which, at that time, everything that has to do with your ordinary mind has to disappear. And that there is no particular possibility even of using energy for the purpose of thought. How then this concept of awareness and happening at the moment of the existence, when that when the thought happens to strike you of wishing to Work, the changeover of the thought at that time into the awareness in existing is exactly what I'm

talking about, that you should not lose any time. Simply say at the moment when it strikes you, it is there. And it should create in you a desire to want to Work.

You see the requirement: you have to be very much more sensitive. You have to be much more open to thoughts that do come to you, and then finding you in readiness. You cannot be too tight. You have to become much more flexible. You have to be open to little influences, gradually becoming more and more sensitive to the influences as they come because, on account of Work, there is a loosening up process that goes on, and you're not as tight. Sometimes I say, not as much crystallized. It starts from a solid state to become a little bit gel-like, and from the gel it becomes a liquid and from the liquid it becomes a vapor. It is a process that is gradually changing, and it is in the right direction as long as the person remains subject to the law of equilibrium within himself. The way you know you are on the right road for increased sensitivity, as long as you are in balance within yourself, your sensitivity automatically will increase because it belongs to that what is a description of an equilibrium state. In that sense, you know when you can continue and that then you can depend on the gradual change of certain things taking place, simply because you are in coordination with that change taking place. After all, we are under the influence of many forces which do affect all of us, and to be able to line up with such forces in understanding them, we will profit by the wind which is created by such forces and helps us to sail our own ship.

How to maneuver, how to put it in the right way, how to steer it, how to overcome the counter-currents which do exist and how to line up as it were with the will of God. Maybe it's interesting that this, like something that is given as a thought coming to you, not knowing where it came from, although it may be ascribed to the different other kind of thoughts, preliminary to them, or to this one. Or the attempts you

might have made for wishing to Work, that you yourself already become different; that is, you would be in a different kind of state in which the sensitivity of the thought of Work will affect you. Whatever the reason may be, when it does appear it is like a gift from Above, because that what actually wishes you, wishes all of us to grow up come ultimately from that what is the highest level of being in involutionary law, wishing to touch all and everything. This concept I think is very much worthwhile to keep, to keep as it were as a talisman, to remember it at times when you are a little bit down, and when you're affected by ordinary life, perhaps negatively--negatively; that you feel that something could be done, and it is almost taken out of your hands. That, at such a time, you try to become porous. You try to open up. You try to make yourself a little bit more receptive. That is perhaps a little bit of a negative state; if not, it is at least passive. It doesn't have to be active, but you can be acted upon. And perhaps, in such a way, there is a real prayer on the part of yourself wishing to communicate, not knowing where infinity is, where it begins, where it ends, and realizing that it is now at the moment when that thought goes over into a wish for awareness. That is, you might say, the creation of an 'I'.

Have a good afternoon. Work together. Try to see the life of someone else. Recognize it and perhaps admire it, but in any event, appreciate it. If we are all alive, we are one in that sense, and all forms of different behaviors become as nothing, compared to the essential essentiality of life itself.

Drink to Gurdjieff.

And it is Caroline this time, is it? Good.

END TAPE

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